

United Way's Working Bridges Training and Education Program

Help your workforce navigate economic diversity, community resources, and life issues at work through these customizable educational sessions. Training can be **available across multiple shifts**, in-person and/or virtual. Some sessions are designed for leadership including supervisors and managers while others may be best for all employees. Contact us today to learn more and to discuss your training needs.



I. WORKING BRIDGES CONCEPTS

A great introduction to how scarcity shows up in workplaces and how to disrupt the cycle of scarcity through community resources and connection.

II. TRAVERSING BENEFIT CLIFFS IN THE WORKPLACE

A session that examines the true cost of benefits, the impacts to business and employees when resources go away, with a focus on solutions and best practice.

COMMUNITY RESOURCE EDUCATION

Lunch and learn sessions for all employees, focused on community resources such as housing, transportation, food, and financial education.

*These sessions often involve community partners.

FINANCIAL EDUCATION

Opportunity for employees to gain financial stability through building credit, managing debt, developing money goals, budgeting, and saving for the future. Participants may access free financial coaching.

HEALTH, WELLBEING, AND HUMAN CONNECTION

Support employees with a holistic approach to health, wellbeing, and quality connection through onsite education. Encourage dialogue about mental health, substance misuse prevention, recovery, wellbeing, and more. Sessions support healthy, inclusive, supportive, judgement-free, safe workplace.

**Mental Health First Aid
Question, Persuade, Refer (QPR)
"We Can Talk About Mental Health"
Substance Misuse Prevention**



CALL NOW:
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WORKING BRIDGES

FREQUENTLY ASKED QUESTIONS

How long are the trainings? Depending on the training content, employee-facing trainings can be provided in as little as 30-minute sessions to 1-hour sessions. Supervisor/manager training sessions are at a minimum 1.5 hours.

What format is available? Working Bridges training is available in-person, hybrid, or virtual across shifts, scheduled when most easily accessed by employees. Trainings are provided **“on-the-clock” and employees are supported by their employer to attend.**

Is language interpretation available? Language interpretation is available as needed for an additional fee. Tele-interpreter services are available for one-on-one financial coaching sessions as well.

How much does training cost?

To cover customization, content development, staff time, tools, evaluation and materials, Working Bridges charges a fee for trainings. Contact us today to share what interests you and we can provide you with best pricing information.



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WORKING BRIDGES

United Way’s Working Bridges is an innovative program in Northern Vermont that supports employee retention, advancement, and financial stability. Employers partner with Working Bridges in different ways including but not limited to onsite confidential Resource Coordination and/or through onsite training and education.

We know employees are more apt to learn, to show up, and be at their best when they have the support of their employer to learn at work.

Working Bridges training and education program is delivered at workplaces in order to break down barriers to access for diverse employees.

Whether as part of leadership skill training or ongoing employee education about community resources, there is something for everyone.