

FOR IMMEDIATE RELEASE

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United Way of
Chittenden County
unitedwaycc.org

Inviting Older Adults to Group Discussions on Promoting Health & Well-Being for Elders

APRIL 15, 2015 (South Burlington, VT): United Way of Chittenden County and a group of community partners would like to invite area residents aged 60 and over to participate in small group discussions. We want to hear your ideas about how Chittenden County could better meet the unique needs of our residents as they age. We will also explore the results of the recent *Healthy Aging Survey* in more depth. This survey asked older adults about services and activities that help them stay healthy and feel good and gathered information about what types of services older adults want, what the barriers are to accessing services and more.

Group discussions in **Burlington** will take place on **Tuesday, August 25** at the **Heineberg Senior Center (14 Heineberg Road) from 10-11:30 a.m.** and at the **Champlain Senior Center (241 North Winooski Avenue) from 5-6:30 p.m.** Anyone age 60 or older is welcome to attend and registration is not required. If you would like more information about these discussions, please contact Megan Bridges at 861-7822 or email megan@unitedwaycc.org

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