

**COLLECTIVE
COMMUNITY
ACTION**

**SUSTAINED OVER TIME
IS THE KEY TO SUCCESS**

2014 COMMUNITY INVESTMENTS



**United Way of
Chittenden County**

WE INVEST STRATEGICALLY, MEASURE CAREFULLY, AND HOLD OURSELVES ACCOUNTABLE FOR RESULTS



United Way of Chittenden County

STRATEGIC ALIGNMENT

Every investment in program funding, strategic initiatives and volunteer mobilization must align with the strategies we've identified for the outcomes we want in Education, Income and Health:

HOW WE IMPROVE EDUCATION:



Promote Readiness to Learn



Support School Success



Encourage Positive Youth Development

HOW WE ADVANCE INCOME:



Provide Emergency Food and Shelter



Support Affordable Housing



Promote Stable Employment

HOW WE PROMOTE HEALTH:



Provide Access to Healthcare



Support Strong Families



Promote Independent Living

RESULTS-BASED ACCOUNTABILITY

For each program, strategic initiative or volunteer mobilization effort in which we invest, we evaluate our effort based on the following questions:

- ➡ How much did we do?
- ➡ How well did we do it?
- ➡ Is anyone better off as a result of our work?

OUR REACH

The extent of our reach (quoted in the *2014 Impact Report*) was determined using conservative totals informed by the following. Individuals may participate in more than one program:

6,000+ participants in EDUCATION programs we support includes:

5,000+ participants in Education programs funded by United Way of Chittenden County:

- » **1,700 participants** in programs providing parenting support and education to families
- » **400 young children** participating in early care and education
- » **1,575 youth** participating in programs providing positive activities and connections to caring adults during out-of-school time
- » **200 youth** connected to caring adult role models through mentoring programs
- » **250 youth** participating in programs that provide tutoring, homework help, or English Language Learning

1,000+ children served by United Way of Chittenden County volunteers:

- » **600+ children** served by Foster Grandparents (36,000 hours served)
- » **300 children** served by School Buddies (1,400 hours)
- » **100 children** served by Read to Me volunteers

PLUS:

490 referrals to volunteer opportunities in Education (via online service)

60 RSVP volunteers serving in Education placements

700 referrals* from VT 2-1-1 to resources around Education needs

17,400+ participants in INCOME programs we support includes:

16,400+ participants in Income programs funded by United Way of Chittenden County:

- » **1,200 participants** in programs providing access to/supports to affordable housing
- » **800 participants** in alternative housing programs (programs that provide housing with supports to address broader social service needs)
- » **1,500 participants** in programs supporting job skills and life skills needed for employment
- » **11,000 individuals** receiving groceries or meals from the Food Shelf
- » **1,800 individuals** receiving shelter services

PLUS:

500 referrals to volunteer opportunities in Income (via online service)

30 RSVP volunteers serving in Income placements

8,500 referrals* from VT 2-1-1 to resources around Income needs

34,400+ participants in HEALTH programs we support includes:

34,000 participants in Health programs funded by United Way of Chittenden County:

- » **21,000 participants** in programs providing access to (via sliding scale fee or no cost) essential health care
- » **1,200 participants** in substance abuse programs
- » **4,400 participants** in mental health programs
- » **2,700 participants** in programs that provide caregiving and independent living supports to seniors and people with disabilities
- » **3,700 participants** in programs that protect against domestic violence, child abuse & neglect
- » **1,700 participants** in programs that provide nutritious meals to seniors

1,100 rides provided by volunteer drivers for older adults and people with disabilities through Neighbor Rides

PLUS:

670 referrals to volunteer opportunities in Health (via online service)

110 RSVP volunteers serving in Health placements, including signature volunteers programs: Matter of Balance and Talking Listening Caring (TLC).

100+ Medical students connected to community-based research projects addressing public health needs

1,400 referrals* from VT 2-1-1 to resources around Health needs

* In referrals by VT 2-1-1, each number is a single call, which may contain many referrals in response to a need.

STRATEGIC INITIATIVES

United Way of Chittenden County defines strategic investments to include financial resources awarded (\$48,000 in Education; \$350,600 in Income; \$125,700 in Health) for strategic initiative grants or projects, and staff time dedicated to a specific initiative. The Community Investment Committee and Board of Directors govern United Way of Chittenden County's investments. At the time this report was created, not all funds were designated for FY15. We will include all allocations once final decisions have been made.

Education

Strategy: Improve readiness to learn and school success

BURLINGTON EARLY LEARNING INITIATIVE: A strategic initiative grant supporting facilitation of a collective impact approach in exploring and designing a city-wide initiative to enhance opportunities for high quality early childhood education.

Income

Strategy: Promote stable employment

WORKING BRIDGES: Working Bridges is a public/private collaborative convened, managed and evaluated by United Way of Chittenden County. Its purpose is to develop and share effective policies that help employers improve hiring, retention, productivity and advancement of disadvantaged workers. We use the workplace to provide low wage employees access to resources and income supports that assist them to be successful at work and improve their lives.

AALV: A strategic initiative grant supports AALV's expansion of Home Health Aide/

Patient Care Attendant training and placement services. They help individuals attain skills and credentials that support them in securing employment and in advancing their careers, leading to long-term financial stability.

Strategy: Provide emergency shelter

HOUSING FIRST AMERICORPS: A strategic initiative grant to Burlington Housing Authority contributed to the cost of hiring a full time Americorps volunteer to implement a homeless registry and to support our community serving the most vulnerable homeless people. United Way of Chittenden County also supported this effort by mobilizing volunteers to canvass the community to create the registry.

Health

Strategy: Improve access to healthcare

CHILD MENTAL HEALTH PILOT: A strategic initiative grant funds collaboration to create and evaluate a family-centered comprehensive care model to serve the needs of families within a childcare setting in order to improve mental health outcomes for children and their families.

JANE'S TRUST/SUSTANCE ABUSE SUPPORT: A strategic initiative grant supports the development and implementation of a multi-dimensional substance abuse prevention effort that includes: early intervention focusing on at risk children, youth and families; public education and engagement; collective impact strategies that support interconnections among prevention, treatment, recovery, and interdiction; and systems and policy changes that better equip our community to respond to changing needs and pressures related to the causes and consequences of substance abuse.

NEIGHBOR RIDES: A strategic initiative of United Way of Chittenden County and community partners that utilizes volunteer drivers to help meet the transportation needs of seniors and persons with disabilities.

COMMUNITY IMPACT WORK

United Way of Chittenden County designates funds for Community Impact Work (\$123,949 for Education; \$121,600 for Income; and \$136,851 for Health) which includes dedicated staff time to convene initiatives, engage community stakeholders, participate in or lead collaborative efforts, advocate for community priorities and solutions, nurture partnerships among all sectors, and participate in strategic conversations to meet emerging needs. Examples of the community partnerships and collaborative efforts include, but are not limited to:

Education

PARTNERSHIP FOR CHANGE

United Way is part of this high school transformation effort in the Winooski and Burlington School Districts. The goal of this partnership is to make high school more student centered and competency-based so all students graduate with the skills and competencies to succeed in college and career in the 21st century. United Way of Chittenden County Executive Director Martha Maksym has been co-chairing the Steering Committee for two years.

TRUANCY TASK FORCE

United Way of Chittenden County leads this multi-sector collaboration of representatives from school districts, the State's Attorney's Office, and service providers committed to promoting youth success in schools by working to increase school attendance across Chittenden County.

BUILDING BRIGHT FUTURES

United Way of Chittenden County participates in this early childhood workgroup that includes a cohesive group of early childhood providers, including public and private pre-K programs, Parent Child Centers, Early Head Start and Head Start. The group focuses on common learning standards, professional development and workforce issues, and other common needs. United Way participates in the Regional Council for Chittenden County.

ELL BRIDGES PROGRAM

United Way facilitates this group of educators and providers of services to English Language Learners which has been exploring the creation of a bridge program to support high school ELL students for entry and success in higher education.

KIDSAFE COLLABORATIVE COUNCIL

The focus of the KidSafe Collaborative Council is to look at the systems and support services for children and families, in order to improve our community's prevention of and response to child maltreatment.

RESTORATIVE JUSTICE IN SCHOOLS GROUP

This group builds on the work of the Truancy Task Force by bringing together representatives from schools in Burlington, South Burlington, and Essex, as well as Community Justice Centers and the State's Attorney's Office. The group is exploring the use of restorative justice practices in schools as a way to enhance student success.

Income

HELP FUND

United Way of Chittenden County is part of this collaborative effort of community service providers and organizations who consolidate assistance and information to more efficiently respond to the emergency needs of people in Chittenden County who are at risk of losing their

housing. Participating organizations continue to work together to avert homelessness and connect individuals to needed services.

CASH COALITION

Chittenden C.A.S.H. (Creating Assets, Savings and Hope) is a coalition of non-profits, banks, credit unions, and other local entities dedicated to assisting low- and moderate-income Chittenden County residents in achieving their financial goals through free tax assistance and asset-building opportunities.

CHITTENDEN COUNTY CONTINUUM OF CARE (COC)

The COC promotes a community-wide commitment to the goal of ending homelessness. They provide funding to nonprofits and State and local governments to quickly rehouse homeless individuals and families and they promote access to and effective utilization of mainstream programs by homeless individuals and families.

HOUSING RESOURCE REVIEW TEAM

United Way of Chittenden County is part of this team which meets weekly to allocate money to people in need by assisting with back rent, security deposits, and other housing needs. The team includes staff from COTS, Champlain Valley Office of Economic Opportunity, the State of Vermont and other organizations dealing with housing issues.

Health

CHITTENDEN COUNTY HUNGER COUNCIL

Comprised of local leaders and community stakeholders, this cross-sector initiative works to reduce hunger and improve nutrition in Chittenden County.

BURLINGTON STREET OUTREACH ADVISORY COUNCIL

This team of leaders and stakeholders representing local merchants, law enforcement, city government, business and social service organizations supporting the Burlington Street Outreach Team in their work to maintain a vibrant marketplace and downtown that is inviting and inclusive.

CHITTENDEN COUNTY ACCESS

This interagency, multi-stakeholder group works to identify needs and collaborate on the system of care for children, youth and families in Chittenden County in order to strengthen and preserve families and support independent youth.

Leadership and Community Development

VERMONT ACCOUNTABILITY GROUP

United Way of Chittenden County and a group of nonprofit leaders, private foundations, state government, Benchmarks for a Better Vermont and the legislature have received Results Based Accountability (RBA) training

and are committed to bringing greater accountability to their organizations, their sector and Vermont through the use of RBA.

WE ALL BELONG

This City of Burlington program works with City departments, schools, and non-profit agencies to create more inclusive workplaces and better serve Burlington's diversifying community.

VOLUNTEER MOBILIZATION

United Way of Chittenden County factors Volunteer Mobilization to include investments that support United Way volunteer programs as well as dedicated staff time to provide volunteer recruitment, referral, training, and support services.

Education: \$339,220

Help children, youth, and young adults achieve their potential

FOSTER GRANDPARENTS: The Foster Grandparent Program helps children and youth achieve their potential in school and in life, by promoting school readiness, engagement in learning, and academic success. The program creates intergenerational mentoring relationships that help children engage and improve in the areas of early development, literacy, math, and social-emotional development.

SCHOOL BUDDIES: RSVP volunteers are paired with school age children who have been identified as needing academic support in reading, math, or other areas. Volunteers work with students on a weekly basis over the school year, providing tutoring and mentoring, generally serving 1-5 hours per week.

READ TO ME: RSVP volunteers are connected with children in childcare centers and preschools to promote early literacy skills as well as enjoyment of reading and lifelong connection to books.

VOLUNTEER CONNECTION & MOBILIZATION: Recruitment and information and referral services to volunteer opportunities in Education.

Income: \$45,630

Meet basic needs and promote financial stability

VOLUNTEER MOBILE TAX PREPARATION: United Way trains volunteers to provide tax return preparation assistance at workplaces that employ low to moderate wage earners.

VOLUNTEER CONNECTION & MOBILIZATION: Recruitment and information and referral services to volunteer opportunities in Income.

Health: \$85,470

Promote optimal health and well being for all people

VOLUNTEER CONNECTION & MOBILIZATION: Recruitment and information and referral services to volunteer opportunities in Health.

FUNDED PROGRAMS

United Way of Chittenden County supports many local nonprofits with volunteer resources and grants from our Community Fund. We invest in top-performing local programs with proven results and continued potential for success. Investment recommendations are made by our Community Investment Committee – a group of volunteers who review, analyze and evaluate all grant applications. All investments, terms and conditions are approved by our Board of Directors.

EDUCATION: \$636,310



Readiness to Learn

HOME VISITING PROGRAM: \$11,343
Lund

Lund's Family Education Program provides parents with the capacity and resources they need to nurture their young children through parenting education (in-home), case management, counseling and referral to parenting services and resources in the community. Lund's Family Education Program works to help families in Chittenden County deal with challenges such as poverty, lone parenting, social isolation, addiction, and mental illness, ultimately working toward reducing the rates of child abuse and neglect in Chittenden County.

KIDS-A-PART: \$26,176
Lund

The Kids-A-Part Parenting Program is a partnership between Lund and the Department of Corrections. The Program works to reduce the trauma children experience as a result of their mother's incarceration by using a unique family-centered model within a regional correctional facility. The program involves intensive facility-based programming, facility and community-based case management, as well as wide ranging collaboration with community providers to involve the children and families of incarcerated mothers in every step of the process.

PARENT EDUCATION PROGRAMS: \$16,239
Milton Family Community Center

The Parent Education Programs assist parents in increasing their knowledge of child behavior and development, and the use of positive parenting practices that make for a nurturing and caring family. The Parent Education Programs offer multiple learning opportunities including: parent education workshops, guest speakers, life skills education, home visits, group support, case management, and teen parenting education. Parent educators work one on one and in group environments with parents to help every parent see themselves as their child's first teacher, empower parents to develop nurturing home environments, and promote positive family relationships.

NURTURING PARENT PROGRAMS: \$18,614
Prevent Child Abuse Vermont

Nurturing Parenting Programs are curriculum-based parenting education programs that, in most instances, work with the whole family. The main goal of Nurturing Parenting Programs is to have children living in stable, supported families in which parents have the capacity and resources they need to nurture their young children. These are evidence-based, comprehensive programs that focus on building parenting skills. They emphasize developing appropriate expectations of children, empathy for children, key communication skills, and use of alternatives to corporal punishment.

FCS HOME VISITING PROGRAM: \$42,473
Visiting Nurse Association of Chittenden and Grand Isle Counties

The VNA Family and Children's Services Home Visiting Program strengthens families and improves parents' capacity to nurture their children by providing nursing care and social support to at-risk pregnant women and families with multiple challenges. By focusing on prevention and early intervention, our multi-disciplinary team provides services that make a lasting difference for hundreds of families each year. Primarily, families need assistance maintaining health through pregnancy and getting their newborn off to a good start with healthy attachment between parents and infant. Nurses transition families who need longer-term support to Family Support staff for ongoing parenting support and wrap-around services for the whole family.

CHILD CARE FOOD PROGRAM: \$17,780
Child Care Resource

Children who spend a full day in child care (9-10 hours) consume 3/4 of their daily intake while in the child care setting. Child Care Resource serves as a sponsor for family child care homes, child care centers, teen centers, and homeless shelters participating in the Federal Child and Adult Care Food Program so that children in these settings receive the nourishment they need to feel good, learn, and grow. These meals provide children with predictability, a full belly, and proper nutrition.

CHILDREN AT RISK: \$45,372
Burlington Children's Space, Inc.

The Burlington Children's Space is a full time, full year child care program serving children aged six weeks to five years. Burlington Children's Space is licensed by the State of Vermont, receives 5 Stars in VT's quality recognition program, is nationally accredited by NAEYC, and is now designated as a Therapeutic Childcare program in partnership with the HowardCenter's early childhood program. Burlington Children's Space programming as a whole is available to families of low, moderate, or high income, creating an environment rich with peer models.

EARLY EDUCATION: \$62,086
Greater Burlington YMCA

The Y Early Childhood Education Program offers developmentally-based care and education while meeting the needs of working parents. We are committed to ensuring that all children, particularly those who are at risk, have access to quality early education and services in order to have their best start in life. The Y collaborates with many other community agencies to provide the full spectrum of support that our families need to be successful.

WINOOSKI FAMILY CENTER: \$18,585
HowardCenter

Winooski Family Center offers a safe, nurturing environment where families and preschool children receive tools and support they need to prepare young children for school. Adults receive access to critical social and mental health services, learn to foster healthy child and adult development, and make important social connections with their immigrant and cultural minority neighbors while engaging in activities that create community. Children receive preschool education grounded in best-practice childhood development strategies and intensive support for emotional and behavioral issues that impact their families and impede school success.

EARLY EDUCATION PROGRAM: \$34,388
King Street Center

King Street Center's Head Start Program is a full time, year round early education program providing a high quality pre-school experience for low income 3, 4 and 5 year olds. Subscribing to the Head Start model, King Street Center engages with the whole family, promoting social, emotional and physical health for parents/guardians as well as their children. Consistent attendance over the course of the program positions a child for success in kindergarten and beyond.

EARLY CHILDHOOD PROGRAM: \$38,779
Lund

Lund's Early Childhood Program (LECP) provides comprehensive, high quality, affordable early education and care to infants, toddlers, and preschoolers. The program is full-day and year round. In addition to early education and care for children, the program provides families with needs assessment, referral and linkage to eligible resources and services within Lund or in the community.

PRESCHOOL PROGRAM: \$21,493
Milton Family Community Center

The Early Childhood Program's mission is to expand upon each child's learning experience by creating an environment that is safe, nurturing and fun. The program offers a play-based curriculum where activities are developed from each child's abilities and interests. The program environment promotes self esteem and encourages self respect and respect for others. Experienced, nurturing teachers keep play guided, structured, and developmentally appropriate.

PRESCHOOL: \$25,788
Sara Holbrook Community Center

The Sara Holbrook Community Center Preschool provides wrap around, developmentally appropriate early childhood classroom services, including physical, dental and mental health services, nutrition and social services, and parent involvement opportunities,

with the goal of preparing children for school and for life.

FAMILY ROOM: \$48,716
Visiting Nurse Association of Chittenden and Grand Isle Counties (VNA)

The VNA Family Room offers parent education and family support through infant, toddler and preschool programs, literacy and English language classes, resource and referral, and community building activities for families with children 0-6 years old. The program's mission is to foster characteristics that are associated with strong families and child abuse prevention. The VNA Family Room's goal is to promote healthy social and emotional development in young children and enhance school readiness.



Positive Youth Development

YOUTH DEVELOPMENT BOYS & GIRLS CLUB: \$26,273

Boys & Girls Club of Burlington

In addition to the Club's academic improvement work, the Boys & Girls Club offers a wide variety of programs that give youth the opportunity to take part in an array of engaging activities designed to foster healthy minds and bodies. Through the Outdoor Adventure Program, youth keep active by engaging in a variety of outdoor excursions like kayaking, hiking, swimming and rock climbing. Through our Healthy Habits program youth and their families are invited to the Club to learn how to shop wisely, make healthy choices, and prepare recipes from scratch. The Club addresses hunger in our community by hosting "Kid's Cafe," a program that provides daily nutritious hot meals and snacks. Digital Connectors and Tech Trek are youth development programs that focus on digital literacy, engaging teens and young adults in leadership development, life skills management, and community service.

AFTER SCHOOL PROGRAM: \$22,928
King Street Center

King Street Center's After School Excellence and Castle Camp provide year-round, quality out-of-school time for many of Burlington's most vulnerable youth. Through a variety of very intentional core and enrichment programs, we focus on the social, emotional, and physical health of participants as well as their academic progress.

TEEN FUTURES: \$14,329
King Street Center

Teen Futures serves low income youth in grades 6-12 in Burlington. The program includes a diverse array of programs focused around the topics of job readiness, academic support, and healthy choices. Popular opportunities include working on the Kids' Lemonade Stand on the Church Street Marketplace, accessing technology & tutoring assistance for school work, and being able to participate in activities like Kids on the Ball, Kids' Café, Chill Snowboarding and the Run Vermont marathon team.

AFTER SCHOOL PROGRAM: \$37,257
Sara Holbrook Community Center

The Sara Holbrook Community Center After School Program and Summer World Academy Summer Camp provide child care, educational and recreational services to high-risk children of very-low to moderately-low income families. During the hours after school, the state licensed, 5 STAR program provides a reliable, supervised place for kids to be kids. From homework and reading assistance to basketball, kids are offered a variety of choices and learning opportunities. Extended hours and community outings are offered during the February school vacation. Throughout the summer months, SHCC offers six weeks of summer camp.

TEEN PROGRAM: \$22,928
Sara Holbrook Community Center

The SHCC Teen Program serves youth 6th grade to 12th grade, and encompasses everything from hanging out to hiking. During the school year, drop-in programming provides middle and high school students a safe place to hang out with their friends, engage in recreational activities, get help with homework, participate in organized enrichment activities, venture out on community outings and connect with caring adults.

MENTORING IN CHITTENDEN COUNTY: \$17,577
The DREAM Program, Inc.

The DREAM Program's Village Mentoring model has been designed to address the distinct challenges faced by youth living in distressed neighborhoods. DREAM matches college student mentors with youth from affordable housing neighborhoods in long-term, supported, one-on-one mentoring relationships. Our unique Village Mentoring model blends the best practices of one-on-one mentoring and group mentoring with concepts from community development to provide youth with a more holistic approach to mentoring. Participation in DREAM allows youth and mentors to build the skills, social networks, and confidence they will need to be successful in school and life; and it does so in a supportive and fun environment.

MENTORING: \$8,222
King Street Center

The Junior Senior Buddy program encompasses approximately 60-65 mentor pairs – each a King Street child and caring adult from the community who spend time together out in the community every week for a minimum of a year. These matches allow for exploration of personal interests (think hiking, fishing, cooking, fashion design), community connection, social/emotional guidance, and academic support. King Street's Each One Reach One program,

is another component of our mentoring program and offers weekly on-site academic mentoring to youth enrolled in our Afterschool Excellence and Teen Futures programs.



School success

EARLY PROMISE: \$44,422
Boys & Girls Club of Burlington

The Boys and Girls Club of Burlington has implemented the Early Promise academic improvement program with the goal of reducing and eventually eliminating the poverty-based academic achievement gap between students from low income families and higher incomes families. While Club members still engage in fun and exciting activities, a significant portion of every day at the Club is spent improving basic math and reading skills. Early Promise is producing concrete, verifiable improvements in our members' academic performance and the program will yield even greater results as it is expanded.

NEW ARRIVALS PROGRAM: \$14,542
Sara Holbrook Community Center

The New Arrivals program is designed to prevent the "summer slip" of English Language Learners by providing an academic venue in which students are totally immersed in English-speaking—reading, writing, and practicing vocabulary, science and mathematics—as well as participating in experiential learning and community service.

INCOME: \$555,370



Housing

HOUSING ASSISTANCE PROGRAM: \$18,000
Champlain Valley Office of Economic Opportunity

The Chittenden Community Action Housing Assistance Program works with individuals and families who are homeless or in danger of becoming homeless, to help them secure or maintain safe, sustainable housing. Community Action staff provide housing case management services, direct financial assistance, and access to landlord/tenant and money management training through a variety of CVOEO Programs.

SUPPORTED COMMUNITY LIVING: \$10,000
HowardCenter

HowardCenter's two Supported Community Living programs – one serving adults with severe and persistent mental illness and one serving adults with intellectual disabilities – help individuals find stable, affordable housing and develop support plans to enable them to live independently. Both programs focus on locating appropriate housing; providing help and instruction in daily living skills; offering financial assistance with rent deposits, interim rental subsidies, utility payments, and furnishings; providing on-site supportive counseling; and supporting social and community integration.

BURLINGTON DISMAS HOUSE: \$34,500
Dismas of Vermont

Burlington Dismas House provides supportive structured housing for former prisoners who have no savings or income and would otherwise remain in jail (at a cost of at least \$58,000 per person per year) past their minimum sentence. Without the opportunity to live at Dismas House, an inmate with no other housing options would complete their sentence

in jail and end up living in a shelter or on the street with little chance of finding employment or addressing addiction issues. The Dismas Program also provides meals, basic amenities, and a program with day to day activities and interaction with community volunteers.

HOMESHARING PROGRAM: \$30,000
HomeShare of Vermont

Homesharing is an affordable, alternative housing option for people who have some time and skills to barter in exchange for an affordable place to live. At the same time it is an option for seniors and others wanting to remain in their homes who need a little household help or sharing of household expenses. It is all about people helping each other.

ECONOMIC JUSTICE: \$10,000
Women Helping Battered Women

The Economic Justice Program serves survivors of domestic abuse and actively helps them to identify steps towards improving their economic circumstances as part of a plan for a sustainable economic future. The Program includes a transitional housing apartment complex for domestic violence victims, as well as provides advocates for survivors of domestic violence to address economic barriers to self-sufficiency and assistance between the shelter, Sophie's Place and their administrative offices.



Stable Employment

PROJECT INTEGRATION: \$20,000
AALV

Project Integration employs bilingual/bicultural outreach workers to help refugees access and navigate the services, resources, and regulatory frameworks related to their social and economic integration in Vermont. Outreach workers help refugees with securing affordable housing, applying

for and remaining compliant with their public benefits, securing gainful employment opportunities, registering for health insurance, seeking relief from family conflict and abuse, understanding the health care system, communicating with local schools, and connecting with elder and youth service providers.

WAY2WORK: \$45,000
Champlain Community Services, Inc.

Champlain Community Services' nationally recognized Way2Work supported employment program offers state-of-the-art employment and self-employment supports to individuals with intellectual and developmental disabilities. Way2Work offers highly individualized services that build upon each consumer's identified vocational skills and interests, and help identify and secure the additional training or resources required to meet employment goals. Way2Work supports consumers to find vocations within the competitive economy that are meaningful to them, their employers or customers, and that are inclusive in our community.

EMPLOYMENT SUPPORT SERVICES: \$13,000
Champlain Valley Office of Economic Opportunity

The Chittenden Community Action Employment Support Program helps individuals who are either seeking employment or seeking to maintain employment, by providing the cost of non-driver identification or a Vermont birth certificate, access to Chittenden County Transportation Authority public transportation (through 10-ride bus passes), vouchers for clothing at GoodWill, and referrals to Champlain Valley Office of Economic Opportunity's Financial Futures money management classes, as well as referrals to other agencies services, as appropriate. The program also assists individuals in completing applications for benefits such as 3SquaresVT and health insurance.

VOCATIONAL REHABILITATION: \$20,000
HowardCenter

HowardCenter has two highly-regarded vocational rehabilitation programs, each focused on a distinct population. Project Hire provides supported employment services for individuals with intellectual disabilities and/or autism. Career Connections provides similar services for individuals recovering from major mental illness. Both programs adhere to the belief that work is an important part of life and that everyone should have the opportunity to contribute to the community and their own well being.

TRANSITIONS TO EMPLOYMENT: \$45,000
Vermont Works For Women

Transitions to Employment provides an intensive employment training initiative designed for women who are returning to the community after incarceration or transitioning from state assistance, employment support work at the Northern Lights House, and job readiness training within the Chittenden Regional Correctional Facility. The program offers skills training and employment support to participants as they are placed in short-term, part-time, subsidized positions with local employers. Based on a national model, it combines classroom learning of the 'soft skills' of employability and job readiness with a temporary, part-time work placement in a variety of fields with area employers. With solid work experience, a current job reference and marketable skills under their belts, participants are supported by Vermont Works for Women staff as they work towards part or full time, permanent employment.



Emergency Food and Shelter

CHITTENDEN COUNTY EMERGENCY FOOD SHELF: \$100,000

Champlain Valley Office of Economic Opportunity

The Chittenden Emergency Food Shelf works to alleviate hunger by feeding people and cultivating opportunities. As the largest direct service emergency food provider in Vermont, the Food Shelf serves roughly 12,000 people each year. For 40 years, the Food Shelf has been recognized as a leader in hunger relief services, directly addressing the target outcome of ensuring that all people maintain nutrition during times of need. Moving forward, the Food Shelf aims to continue to find innovative solutions to meet the rising demand of hunger in Chittenden County.

DAYSTATION: \$16,100
Committee on Temporary Shelter (COTS)

The COTS Daystation is a safe and warm place where homeless adults can find refuge from the streets every day between 9AM and 5PM. A nutritious noontime meal is served daily and guests can meet with case managers who help them identify their needs, set goals, and access a range of services (such as veterans services and employment support). Guests also can receive mail at the Daystation, use the phone, and access email and the Internet. The Daystation serves almost 1,000 people each year.

FAMILY SHELTER PROGRAM: \$40,000
Committee on Temporary Shelter (COTS)

The Family Shelter Program serves our community's most vulnerable residents: homeless families with children under age 18. Through this program, COTS provides emergency shelter, intensive case management services, and customized support for children. The program is designed to help homeless

families achieve self-sufficiency and stable, permanent housing. It also helps them to avoid repeated episodes of homelessness.

WAYSTATION: \$48,770
Committee on Temporary Shelter (COTS)

The COTS Waystation is an emergency shelter that meets the basic needs of homeless adult men and women in our community. The shelter has the capacity to serve 36 adults, with 28 beds in the men's facility and 8 beds in the women's facility. The Waystation is open 365 days a year, from 6:15PM to 8:00AM. This vital community resource ensures that all people have shelter during times of need.

CRISIS SERVICES: \$55,000
Spectrum Youth & Family Services

Spectrum's crisis services provide struggling teens and young adults with basic needs, such as food and shelter, and gives them the support they need to turn their lives around through counseling and life skills development. The emergency shelter provides homeless youth with a safe place to stay while they work with case managers to develop life skills, address issues, access services, further their educations, find meaningful employment, and move toward self-sufficiency.

EMERGENCY SHELTER: \$50,000
Women Helping Battered Women

Women Helping Battered Women's (WHBW) Emergency Shelter program is the only emergency housing program in Chittenden County with services specifically designed to meet the safety needs and concerns of victims of domestic violence. The ADA-compliant shelter is continuously full and provides a safe respite for adults and children fleeing domestic abuse. Through a partnership with the State, victims of domestic violence stay in hotel rooms (WHBW's Safehome Program) when the shelter is full. Comprehensive supportive services are provided to residents in

the shelter and the Safehome program including one-on-one emotional support, next-step housing support and advocacy, comprehensive casework and individual supportive services plans, support groups, access to children's and legal programs, and community referrals.

HEALTH: \$708,320



Access to Health Care

HEALTH ACCESS: \$98,000

Community Health Centers of Burlington

Health Access Program elements are designed to breakdown financial, psycho-social, linguistic and other barriers to a healthy life faced by community residents. We welcome all residents, regardless of life circumstances, into the compassionate, lifetime Health Care Home that teaches self-responsibility, manages ongoing chronic diseases and provide cost-effective preventive care.

ADULT HOME HEALTH CARE: \$44,100

Visiting Nurse Association of Chittenden and Grand Isle Counties

The Adult Home Care interdisciplinary team of nurses, rehabilitation therapists, social workers, and licensed nursing assistants provide high-quality, home-based care designed to meet the medical needs of adults. VNA care is coordinated by a case manager, who plans individualized home care, according to each client's health care needs and physician orders. Without VNA homecare visits many of these patients would not have successful discharges from the hospital, would not be able to stay at home and would not be served for lack of insurance.

ACT 1/BRIDGE: \$64,675

HowardCenter

HowardCenter's ACT 1 and Bridge programs are co-located community-based alcohol and drug crisis stabilization and social detoxification programs that serve Chittenden County adults and teens who have problems with substance abuse and/or dependence.

ACT 1 provides a safe, supervised environment in which individuals who are incapacitated by alcohol and/or other drugs can regain their sobriety. Bridge provides short-term stabilization within a social detoxification unit, with intensive clinical assessment and referral to treatment for clients who are experiencing significant issues related to substance abuse and/or dependence. The programs operate 24/7/365 in downtown Burlington and provide continuous supervision and support, including awake overnight staffing.

RESIDENTIAL & COMMUNITY

TREATMENT: \$19,900

Lund

Lund offers a continuum of substance abuse treatment services to parents struggling with addiction. While substance abuse treatment within the residential setting is offered solely to pregnant or parenting women, community-based services are offered to fathers as well. The continuum of substance abuse treatment services includes outreach and screening, assessment, case management, outpatient counseling both within the Residential treatment program and community-based, and group treatment.

COUNSELING: \$44,775

Spectrum Youth & Family Services

Spectrum's Mental Health and Substance Abuse Counseling Program provides individual, family, and group counseling for adolescents and young adults and their families regardless of income or where they live. Our counselors use evidence-based best practices to help

clients address addiction and mental health issues. We also help youth and families cope with grief and loss, divorce, chronic illness, school issues, family conflict, and other issues.

CHILDREN'S OUTPATIENT

COUNSELING: \$29,850

HowardCenter

HowardCenter's Children's Outpatient Counseling provides high-quality comprehensive family-centered mental health services to children, adolescents, and their caregivers who experience acute stress, have symptoms that impact their daily functioning, have limited supports for behavioral changes or self-care, need medication monitoring, or have specific therapeutic goals. Counseling is for a range of issues, including physical and sexual abuse, domestic violence, sexually harmful behaviors and sexual reactivity, behavioral issues due to learning differences, school behaviors that impede learning, and parent-child-sibling conflicts. Including caregivers in treatment improves mental health outcomes for the children and their families and positively impacts the environments in which the children learn and live.

FIRST CALL: \$34,825

HowardCenter

HowardCenter's First Call for Children and Families is the only 24/7/365 mental health crisis and referral service for children (through age 17) in Chittenden County. The program is the first line of contact for families, schools, and community service providers seeking services for children, primarily because they are at risk of serious self-harm or suicide, or are a danger to others. First Call clinicians provide community crisis response, emergency assessment and treatment for individuals, referrals to ongoing mental health services, and suicide prevention education. Consistent with the goal of strengthening families,

First Call plays an integral role in preventing children from entering state custody. Most calls are related to children's safety.

INTENSIVE FAMILY-BASED SERVICES: \$48,775

HowardCenter

HowardCenter's Intensive Family-Based Services provides time-limited (13-week), intensive (at least 5 hours/week) intervention to families in which a child is at imminent risk of being removed from the home for reasons of abuse, neglect, severe emotional disturbance, or when a child is returning to the family from out-of-home care. The program preserves the family unit by preventing unnecessary out-of-home placements of children and by facilitating successful reunifications when placement is necessary. The program offers comprehensive clinical counseling and support to Chittenden County families that face daily challenges keeping their children safe due to significant mental health needs of the parents and/or children and the effects of substance abuse, domestic violence, poverty, or other significant family issues. Clinicians coordinate with an array of community medical, educational, and social services partners to strengthen family systems and the children within them.

MENTAL HEALTH & SUBSTANCE ABUSE TREATMENT: \$72,635

HowardCenter

HowardCenter's Mental Health and Substance Abuse Treatment Services programs serve adults with co-occurring mental illness and substance use issues and provide support for their families. Services are provided to clients who are experiencing psychiatric illnesses, substance abuse disorders, and/or mental or emotional distress. Most clients seek services voluntarily, while others come as the result of pressure or mandates from family, employers, the legal system, or the Department of Corrections. Clients receive culturally

competent, trauma-informed care using evidence-based individual and group therapies, case management, and psychiatric services from clinicians trained in both mental health and substance abuse disorders. Through our strengths-based focus, we encourage self-care, social connections, and autonomy.

STREET OUTREACH: \$19,570

HowardCenter

Street Outreach is a daily street-based mobile mental health service that offers support, intervention, and referral to adults and adolescents in the downtown Burlington business area and city neighborhoods. Street Outreach team members engage with individuals seeking treatment and those brought to our attention by police, merchants, or community members due to behaviors that indicate emotional health needs. Team members provide nonjudgmental mental health counseling and case management services; they collaborate with provider partners to help clients get the medical, nutritional, housing, and other basic services they need.



Independent Living

END OF LIFE CARE: \$27,550

Visiting Nurse Association of Chittenden and Grand Isle Counties

VNA Hospice, which involves intermittent care in individual homes, nursing homes, community care homes, and at Vermont Respite House, provides comprehensive, interdisciplinary care to individuals diagnosed with a terminal illness and their families. The Hospice team develops a care plan that is individualized to the unique needs of each patient and family and this plan is revised as the illness progresses.

CASE MANAGEMENT PROGRAM: \$30,000
CVAA

The CVAA Case Management Program helps seniors access services and benefits to maintain their independence. Case Managers help seniors apply for assistance programs, assess them for at-home assistance, coordinate long term care and investigate referrals of self-neglect.

VOLUNTEER PROGRAM: \$9,500
CVAA

CVAA's Volunteer Program is designed to help older adults who need care and assistance to support daily living receive the supports and services they need to maintain their independence. Whether the volunteer delivers a much needed meal to a senior who can't safely prepare food or does grocery shopping with/for a senior, or drives the senior to a medical appointment, the volunteer is helping seniors in the community meet their daily needs.

CAREGIVING PROGRAM: \$21,850
HomeShare Vermont

Caregiving Program works with elders and others who need personal, non-medical care in order to help them stay at home or return home from the hospital or nursing home. We do this by matching these elders with caregivers who will work for them on an hourly basis or live in the home and provide care full time. Our caregivers provide formal care which ranges from cooking, driving, protective presence and companionship to personal care services such as assistance with dressing, bathing and eating.

ADULT DAY PROGRAM: \$21,850
Visiting Nurse Association of Chittenden and Grand Isle Counties

The VNA Adult Day Program provides care for elders, people with dementia, and adults with mental and physical disabilities. For family caregivers, it offers respite and peace of mind that their loved one is cared for in a loving, safe and home-like social environment.

The Adult Day Program staff is a team of skilled, caring professionals; at each site staff includes a Registered Nurse, a Licensed Nursing Assistant and activity specialists. Clients participate in a variety of activities to enhance mental cognition and physical independence. They enjoy nutritious meals that are prepared at each site and receive regular nursing assessments from the on-site Registered Nurse.

CONGREGATE MEALS: \$19,140
Champlain Senior Center

This program affords older adults the opportunity to live healthier lives by preventing adverse nutritional, physical and emotional effects that often result from poor nutrition and social isolation. The program provides nutritious meals along with social, educational, arts, and health and wellness programs and education.

MEALS ON WHEELS: \$19,110
CVAA

CVAA's Meals on Wheels Program delivers meals to homebound seniors and seniors with food insecurity five days a week in most communities. This program brings a hot nutritious meal, a friendly visit, and a safety check to a vulnerable population. This is often the only service a senior needs to be able to safely remain at home.

MEALS ON WHEELS: \$5,775
Essex Meals On Wheels

Essex Meals On Wheels supports the health and well-being of seniors by meeting their nutritional needs, providing

valuable social contact and enabling them to maintain their independence longer, by preparing and delivering hot dinners and bag suppers on weekdays, with frozen weekend meals available on Fridays.

CONGREGATE MEALS: \$18,140
The Heineberg Senior Center

The Program provides a well-balanced hot noon meal in a congregate meal site atmosphere five days per week for older adults. For many participants, this is the only balanced nutritional meal they have. Some participants save portions of their noon meal to take home, enabling them to have dinner.



Strong Families

CHILD PROTECTION TEAMS: \$14,700
Kidsafe Collaborative of Chittenden County

KidSafe Collaborative is dedicated to preventing child maltreatment, thereby improving the safety, health and well-being of children in our community. Based on a belief that everyone has a responsibility to keep children safe, KidSafe directs its multi-agency work on a case by case basis towards the most complex family situations which threaten child health and welfare.

CHILDREN AND YOUTH SERVICES PROGRAM: \$16,180
Women Helping Battered Women

The Children and Youth Services program is available and accessible

to all survivors of domestic violence in Chittenden County and is designed to mitigate the effects of domestic violence for children who have lived with domestic violence and support for parents. Services provided include: crisis intervention; parenting support, referrals and skill-building; strategies for handling parent's and children's emotional responses to the effects of domestic violence; weekly age-appropriate playgroups for children; teen programming tailored to the unique needs of teens; peer advocacy training for teens and trainings with community partners and professionals regarding best practice for working with children who have witnessed domestic violence.

HOTLINE: \$27,440
Women Helping Battered Women

Women Helping Battered Women's hotline program is available 24/7 to provide emotional support, tangible resources, advocacy and referrals to survivors of domestic violence as well as to their friends, family members, co-workers and service providers. Hotline staff and volunteers focus on safety planning, providing emotional support, assessing survivors' immediate basic needs including emergency housing, hunger, crisis intervention, and referrals to support programs and services.

Contact Amy Carmola
for additional information:
amy@unitedwaycc.org
or 802-861-7850.

**WE HAVE THE NETWORKS,
PARTNERSHIPS & STRATEGIC INITIATIVES
TO LEAD OUR COMMUNITY TOWARD POSITIVE,
LONG-TERM SOLUTIONS**